

Newsbriefs

Local

'To Love a Child'

Project TLC, To Love a Child, needs qualified and committed individuals to serve the community in the area of child abuse prevention and intervention for next year. The project targets college-age students to commit to their motto, "Getting things done." Teachers for classes in parenting skills, anger management, and for teen mothers are sought. For more information, call 278-5469.

'Peace in the Storm'

Christ United Methodist Church begins "Peace in the Storm: Journeying through the Valley of Despair and Anxiety" Aug. 8 through the Counseling Center, 4488 Poplar Avenue. Led by a licensed professional counselor, the six-week program helps lessen inner turmoil by increasing awareness of negative self-talk. Classes meet evenings, Aug. 8-Sept. 12, 7-8:30 p.m. To register or more information, call 761-0576 by the deadline, Aug. 1.

Corporate Knowledge Bowl

If you often know all the answers on "Who Wants to Be a Millionaire," you might like to compete in the Library's third annual Corporate Knowledge Bowl. Select a team of four co-workers to represent your command, complete the entry form and pay the entry fee (all proceeds support the New Central Library, 3030 Poplar Avenue). Participants receive a small gift and certificate of appreciation. The grand prize winner gets a trophy and symbol of recognition as "Memphis' Smartest Company." For more information or an entry form, call Joanna Curtis at 725-8870.

On base

Vet closing

The Vet Clinic on board the base will be closed tomorrow, July 28 for inventory. It will reopen Monday, July 31. Normal business hours are Monday-Friday, 8-11 a.m. and 12:30-3 p.m., by appointment only. Children under the age of 12 are not permitted in the clinic.

Thrift Shop open Saturday

The Navy-Marine Corps Relief Society Thrift Shop will be open Saturday, Aug. 5, 9 a.m. to 1 p.m. The shop is located in building S-239.

Attention parents of latchkey children

The Navy-Marine Corps Relief Society's Visiting Nurse will present the American Red Cross courses "Home Alone" and "Safe on My Own" along with the Society's "First Aid for Kids" and "Babysitting Basics" on Aug. 10 and 17. Call 874-7353 for more information.

Fall/winter NEX catalog

The fall and winter 2000 Navy Exchange Catalog is arriving at your Exchange now. Hundreds of pages of gift-giving ideas from around the world are listed. To place orders toll-free from the U.S. or Puerto Rico, call 1-800-527-2345, or fax 1-800-446-0163. The catalog center is open 24 hours a day for your convenience. The catalog is only \$5, with an \$8-off coupon for your first purchase over \$25. Shipping is free.

Patton visits at Coast Guard All Hands

You are invited to hear Master Chief Vince Patton, the Master Chief Petty Officer of the Coast Guard, who will be at the All Hands meeting of the Marine Safety Office, 200 Jefferson Ave. in downtown Memphis, tomorrow, July 28, at 9 a.m. For more information, contact Commander Donald-Baynes at (901)544-3912, ext. 101.

Lifeflood blood drive

A Navy Mid-South/Lifeflood blood drive will be held between 2 and 4 p.m. Aug. 9 in the new parking lot between the Helmsman Club and First South Credit Union. Right now the blood supply is at a low and critical level. Navy Mid-South did well on its last blood drive. This is the time to for you to make a difference and help save a life. There are only 36 time slots available for each scheduled visit of the Lifeflood bus. All time slots will be scheduled through the NAVSUPPACT Mid-South Admin Department. Since the drive was rescheduled from Aug. 2, anyone needing to reschedule or wanting further information can contact ABH1(AW) Dillon at ext. 5074.

Skeet shooting: identified flying objects

Skeet Shooting is safe and can be a BLAST!

Naval Support Activity Mid-South offers a safe and challenging sport which demands concentration, patience and keen eyesight...and no, it's not teaching swimming lessons to pre-schoolers! It's **skeet shooting**—breaking small orange clay pigeons (clay Frisbee-like discs) with a shotgun as they travel approximately 60 mph through the sky. Navy Mid-South has offered this exciting sport for over 20 years, and through exceptional training and safety precautions, the "Orion Gun and Skeet Club" (privately owned) has enjoyed a flawless safety record.

The skeet range is open to all military members and civilians who adhere

to the club's rules and regulations as prescribed by the National Skeet Shooting Association. The skeet range is located on the south side of the base across from the new Citgo station, and will always fly an orange flag when the range is active. The range is surrounded by dense woods to the east and south which makes recreational use of the perimeter road perfectly safe when the range is in use.

Membership is just \$24 per year, and a round of skeet (25 targets) is only \$2. So go out and break a few! Hours of operation are: Wednesdays, 4-6:30 p.m., and Sundays 1:30-4:30 p.m.

For more information, contact Lieutenant Commander Mike Cashman, club president, at 874-3962.



Admiral Vernon Clark (right) is sworn in as the new Chief of Naval Operations by Secretary of the Navy Richard Danzig July 21 at the Naval Academy.

Admiral Johnson retires; Clark takes helm as new Chief of Naval Operations

NWS

Admiral Jay L. Johnson, the 26th Chief of Naval Operations, retired from the Navy at the U.S. Naval Academy July 21, in the same place his distinguished career began 36 years ago as a midshipman.

Admiral Vern Clark took the helm as CNO during the ceremony.

Senator John McCain (R-AZ) was keynote speaker for the event, which also included remarks by Secretary of Defense William S. Cohen and Secretary of the Navy Richard Danzig.

Senator McCain praised Johnson for his work to balance mission accomplishment with Sailors' quality of life.

"Admiral Johnson has guided the Navy for the past four years, skillfully balancing mandated reductions in force with dramatically increased operational tasking," McCain said. "He has been a champion of reform. He improved the Inter-deployment Training Cycle—the period between deployments—the largest quality of life initiative in the last decade, by reducing at-sea time and ensuring the Sailors could spend more time in port with their families."

McCain also credited Johnson with taking the lead on fiscal year 2000 military pay reforms.

Secretary Cohen took the opportunity to praise Johnson's leadership as "characterized by consistency, by candor, by optimism and by insight." He described Johnson as a leader whose concern for Sailors was evident whether he was at sea or testifying before Congress.

"Not too long ago, he was testifying on Capitol Hill and a member of Congress asked him, 'If you were given one more dollar to spend, what would you spend it on?' and Admiral Johnson said, 'Sir, one dollar, all things being equal, I'd put in the pocket of my Sailors.'"

Cohen said.

Danzig praised Johnson's "white-hot intensity" as CNO, highlighting his victories for people and programs.

"He was in the front ranks of those fighting for a pay raise that exceeded anything that had been received in the last decade...Jay was a fighter for his Sailors," said Danzig.

"You can't think about the F/A-18E/F without thinking about Jay Johnson," Danzig continued. "He virtually willed this program into success. We are buying aircraft that will transform the nature of naval aviation and protect it for decades ahead because of Jay Johnson."

For his part, Johnson took the opportunity to revisit the theme he voiced four years ago as he assumed the title of CNO.

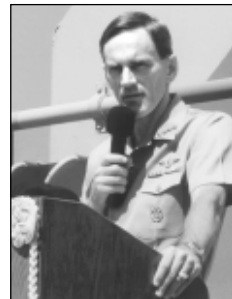
"In 1996 I told the president, the Congress and the Navy that as a vision for the future we would steer by the stars out ahead of us and not by the wake behind us," Johnson said. "Our Navy would be guided by four stars of equal magnitude: operational primacy, leadership, teamwork and pride."

Johnson noted that it was the men and women of the Navy who would keep the ship on course.

"The key to making that vision a reality would not come from this CNO or from Washington," Johnson said. "No, the key would belong to the great men and women of our Navy. And over the past four years, they have led the way."

"They have given us the best ideas. They have harnessed the new technologies. They have embraced change and made it our ally, and they have made us so very proud with their mission accomplishment—particularly out forward where it really counts," Johnson said. "The key to our future is in their hands. That's as it should be."

Clark noted that he was inheriting leadership of the most powerful Navy on



Former CNO Admiral Jay Johnson talks to Sailors on board a ship, an example of the morale-boosting visits he continually made to the fleet throughout his watch.

earth. "It is a prize our predecessors have handed down to us," Clark said. "But keeping it is not guaranteed. We in the Navy can not take it for granted."

Clark challenged Sailors to maintain their focus on "...the main thing. And the main thing is the fleet...its mission accomplishment, and what makes that work. I have a fleet bias. I've spent much of my naval service in ships and on the waterfront and I know in my heart that the Navy starts in the fleet."

Clark explained that "quality of service" is the key to mission accomplishment.

"This is today, and I believe for my entire tour will be, the Navy's biggest and most crucial challenge," Clark said.

"Quality of service is the balanced combination of quality of life and quality of work," Clark said. "I intend to lead a Navy that holds quality of service for Sailors, their quality of life and their quality of work, as a top priority in mission and combat readiness," he said.

Clark reports as the Navy's 27th CNO following duty as Commander in Chief, U.S. Atlantic Fleet. He is married to the former Connie Nealy. They have two sons, Jeff and Matthew.

Johnson has not announced his plans for his future.

Admiral Johnson bids farewell as CNO

From Admiral Jay L. Johnson, former chief of naval operations:

On this Friday, 21 July, I will be relieved as Chief of Naval Operations by Admiral Vern Clark at the U.S. Naval Academy in Annapolis. It has been my honor to serve as your CNO for these past four years. Though the time has passed more quickly than I could have imagined, it has been exceedingly rewarding. I am proud of what we have accomplished together during this time. You have truly steered by the stars and not by the wake and in so doing, have set a true and proper course into this

new century. I have had ample opportunity to form this judgment. During these four years, I traveled to every major U.S. Navy installation and visited many of our forward-deployed units underway and on watch in troubled areas around the world. Additionally, I have been hosted by many of my counterparts and observed their navies in their countries. Finally, as a member of the Joint Chiefs of Staff, I have watched proudly as you executed 45 operations around the globe ranging from humanitarian relief to intense combat. What has consistently stood out as most notable has been your quality and

dedication in mission accomplishment. Sailors, chiefs, officers, and civilians—you are the best of America and your service has made us the finest maritime force the world has ever known. You should be very proud of that. It has also been gratifying to advocate your issues—such as reducing administrative burdens to improve your quality of service, empowering the chain of command, building trust and confidence within that chain of command, demanding higher readiness standards, articulating necessary pay and benefits reform, and adapting to the

(Continued on page 2. See Johnson...)

EDUCATION FAIR

THURSDAY, AUG. 10

10 a.m.—2 p.m.

NAVY COLLEGE OFFICE
BLDG. S-241

Meet with local college and on-base college representatives for advisement on degree programs and coursework. For additional information, call 874-5290.

Commentary

Captain's log

What do you think about growing sod on the roofs of Naval Support Activity Mid-South buildings? A joke? It was a shocking concept for me, but that was only one of many innovative ideas banded about during this past week's meeting of the minds to contemplate how the "Greening of the Red, White, and Blue" could be applied to our base.

The whole idea of "greening" stems from the fact that our earth has limited resources. To put things in perspective, we are the seventh generation removed from our founding fathers. If we are to preserve our world for the 14th generation (and beyond!), we must do things differently than we did in the 20th century.

Did you know that the federal government is the largest consumer of America's energy? Not only that, but the Department of Defense represents 75 percent of the federal government's energy consumption! It follows that DoD bears much of the burden to be good stewards of the nation's natural resources. An additional incentive to conserve, reuse, and recycle is the potential savings (or cost avoidance) that could then be reinvested in the fleet.

So what exactly is "greening"? It is also known as "sustainable design." DoD is just beginning to apply a multidisciplinary approach to construction, renovation, and design projects. Experts from several fields—architecture, environmental science, history, and engineering, etc.—collaborate on a project. Looking at things from all these perspectives, they consider what new technology has to offer in the way of energy-saving materials (for example, argon-filled, tinted glass, water-conserving fixtures, and highly rated insulation), how to site a project (i.e., how to position a new building on the landscape to enhance natural heating or cooling), what materials to select (e.g., solid wood kitchen cabinets in a military house which will last longer than particle board), and how to

preserve the historical significance of a building being renovated for a new purpose (e.g., conversion of old munitions factories at the Washington Navy Yard into state-of-the-art office buildings).

If you think about it, the buildings constructed at the end of the 19th century featured lots of skylights and windows that allowed natural air circulation—features that took advantage of the natural world. As technology advanced in heating, air conditioning and lighting, buildings became self-contained bunkers: windows no longer opened (if there were windows!); artificial plants abounded; concrete covered the earth for miles as we isolated ourselves from nature. Workers have not necessarily been happier for it.

The "green" design team, however, finds ways to enhance the habitability of a building by designing for increased use of natural light, natural air flow, and parking lots that "breathe" with more plantings; or using pavers rather than solid concrete to allow better drainage. Our "use it up and throw it away" practices must become a thing of the past.

Consider, if you will, outside the buildings, too. At Navy Mid-South, we have acre upon acre of open lots where old buildings used to be. The price we (taxpayers, all) pay to maintain all those open fields is tremendous, not only in mowing, but also for irrigation, fertilizer, and herbicides (which takes a toll on the environment). Now here's a paradigm shift: what if we designed some of these fields to be natural landscapes, including indigenous trees, shrubs, and grasses? They wouldn't conform to the closely cropped "military look" that we're used to, but we could reduce water use and erosion, eliminate mowing and chemical treatments, and attract more wild birds and animals. The savings we realize could be invested in other base amenities and renovations, or used to recapitalize our fleet.

Now, about that sod roof...I was sur-



Captain Diane L.H. Lofink

prised that an eight-inch covering of natural grasses and flowers growing on a rooftop (no well-manicured Bermuda grass to mow here!) effectively doubles the life expectancy of the roof! The rain that falls will not only cause the grass to grow, water to transpire to the atmosphere and naturally insulate the building, but any water that drains off the roof will be purer than the rain itself, since it has been filtered, or processed, through a natural ecosystem. This is actually being done on an experimental basis on the east coast. Now the idea doesn't seem so wild, does it?

Navy Mid-South is extremely excited about having been picked as the only DoD installation to host a "Greening Charette" (conference of multi-disciplinary experts) this year. The many creative recommendations made by this group of engineers, architects, Department of Energy officials, and military and city planners will be reported out very shortly and, as feasible, incorporated into our short, medium, and long-term plans to make Navy Mid-South a more responsible steward of the earth's natural resources, and a better place to work and live.

This is just another great example of how this facility is fulfilling our vision to set the standard of excellence as the Navy's premiere shore installation!

Chaplain's corner

On being perfect

By Chaplain (Cmdr.) Terrence J. Mulkerin

Human beings cannot be healthy without a sense of identity. Having a sense of identity is a necessary part of everyone's maturing process. It provides stability throughout life.

Knowing ourselves, however, is sometimes easier said than done. There are mixed signals in the way in which we come to self-knowledge. Other people may value us for what we do. We may wish to be accepted for who we are.

To some extent, this division is understandable through John Gray's insight that "men are from Mars and women are from Venus." Men sometimes see other people in quantitative rather than qualitative terms. In relationships, that can cause misunderstanding.

To a degree, this separation in thought is inevitable. Professionals have to be precise and exact in what they do. I remember a war movie from the '40s in which the character seated in the navigator's seat on a plane asks: "Oahu!...I'm looking at the chart...Is Oahu a kidney-shaped island?" In aviation, such imprecision can be disastrous.

In some measure, the dichotomy between quantity and quality is desirable. It offers a corrective to our thinking, but it can go awry. The ultimate logical consequence of valuing ourselves only for what we do is an unrealistic perfectionism. There are persons who can't tolerate mistakes in themselves. They might, perhaps, be

able to forgive other people's failures, but they can't forgive their own shortcomings.

Obviously, there are many situations in life that don't cut us any slack. We have to do them perfectly. The navigator in the movie I mentioned had no margin of error. In organ transplants, the diseased organ is the one that has to be removed. A singer can't invent new lyrics for "White Christmas."

Doing things perfectly is not the same as being perfect. This insight is a way to self-acceptance for perfectionists. Valuing ourselves for who we are reminds us of how much room we still have to grow as persons. No one can be perfect. Everyone can grow.

The Hebrew and Christian scriptures offer two other insights into the tension persons experience between perfection and growth.

In the New Testament, Christ tells his followers: "Be perfect as your Heavenly Father is perfect." He says this just after saying that God makes the "sun rise on the bad and the good. He rains on the just and the unjust." In this context, being perfect is to "love your enemies, pray for your persecutors."

The Hebrew scriptures see Creation as the work of God and human beings as cooperators in God's work of creation. It's not that we can create things out of nothing—God alone does that. The idea is that, through the good things that we do, we bring God's creation to its completion and come to a deeper understanding of our own identity.

Navy Personnel Command takes part in American Cancer Society Relay for Life

By Lt. (jg) Eric Petersen
Navy Personnel Command
Public Affairs

There are few people who would argue that the middle of the night is a good time to try to raise money and awareness for a worthy cause. However, on Friday, July 14, several groups of volunteers were willing to miss a few winks to participate in the American Cancer Society's Relay for Life, and leading the way was a team of 33 men and women from Navy Personnel Command.

The Relay for Life was designed to celebrate cancer survivorship and help raise money for the American Cancer Society. On the day of the event, teams gathered at USA Stadium in Millington and took turns walking, jogging or running laps. Each team had to keep at least one representative on the track for the entire 12 hours, which sounds harmless enough until you learn that the 12 hours began at 7 p.m. Friday and ended at 7 a.m. Saturday.

According to Senior Chief Radioman Yolanda Moore, team captain for PERS-3, their participation in the event was a complete success. The team raised a total of \$1,938.69, with Ann Stewart of PERS-32 bringing in the most donations—\$170. The participants had fun competing, too. "There were karaoke contests, pajama contests, and lots of other things going on throughout the night," said Moore.

Congratulations and well done to the following people who participated as part of the PERS-3 Relay for Life Team: Lieutenant Aquila Jones, Adrian Griffin, Jennifer Alexander, Bielomaweiz Wilkes, Commander Millie King, ITCM(SW) Mitch Kilgore, PNC(SW) Jacqueline Shavers, CWO4 Lois Clark, Sonia Lewis, DK1 Regina Williams, PNC(AW) Stephen Bigard, ITCS(SW) Anthony Cade, Cmdr. Barry Bush, PNC Deborah Simmons, Wendy Hutchinson, Doris Perry, Lt. (jg) Mindee Wolven, CWO2 Steven Richard, Lt. Kenneth Kasza, ENS Matthew Beare, CWO2 Rick Hudson, Joan Hudson, Lt. Jimmie Bruce, YN1(SW) Daniel Boucher, YNSA Corey Johnson, YN3 Amy Summers, MS2 Priscilla Mason, Ann Stewart, Cmdr. Theresa Cheryl, Deborah Wilson, YNCS(SW) Shawn Newcome, YNSN Wayne Lewis and RMCS Yolanda Moore.



TSP Open Season closes July 31

The current open season for the Thrift Savings Plan will close July 31. If you have submitted your form during or after the first full pay period in July 2000, your contribution will begin no later than the pay period following the date your form is accepted by the Human Resources Office. Completed TSP election forms must be submitted to Memphis Field Office, HRO, Bldg. 456, for processing. You can obtain a TSP-1 form either from Memphis Field Office, HRO, by calling 874-5535, or downloading from the TSP website at www.tsp.gov.

You may invest all or any portion of your TSP contributions in any of the three TSP investment funds: the Government Securities Investment (G) Fund, the Common Stock Index Investment (C) Fund, and the Fixed Income Index Investment (F) Fund. TSP returns are calculated monthly. You can get the most recent returns by calling the TSP Thriftline at (504) 255-8777, or by visiting the TSP website at www.tsp.gov.

Your investment election applies to all contributions to your TSP account, i.e., Employee, Agency Automatic (1%) and agency matching contribu-

tions. However, even if you are not making employee contributions, you may still make a TSP election to invest all or any portion of your agency automatic (1%) contributions in any of the three funds.

Participation rules for the TSP open season are as follows:

- FERS and CSRS employees hired before July 1, 1999 are already eligible for the TSP.
- CSRS employees can change a prior election or begin to contribute for the first time. CSRS employees are not eligible for the agency automatic (1%) or matching contributions.
- New FERS employees are eligible as shown in the chart below.

The booklet, "Summary of the Thrift Savings Plan for Federal Employees,"

dated March 1997, describes the TSP in detail. There is a limited supply of these booklets in Memphis Field Office, HRO, Bldg. S-456. If you do not have a copy of the plan summary, contact HRO at 874-5535. You will receive the flyer, "TSP Open Season May 15-July 31, 2000," "Something to Smile About." This flyer contains basic information about this open season. All TSP materials are also available for download at www.tsp.gov.

REMINDER TO TSP PARTICIPANTS:

Your participant statement will not reach you if your address is incorrect. If you have moved or if you think your address is incorrect on your official personnel and/or payroll records, contact Memphis Field Office, HRO, immediately.

First hired:	Eligible to begin to contribute:	Agency Automatic Contribution begins:
July 1-Dec. 31 '99	May 15-July 31 '00	First pay period—July 2000
Jan. 1-June 30 '00	Oct. 1-Dec. 31 '00*	First pay period—Dec. 2000
July 1-Nov. 30 '00	Apr. 15-June 30 '01*	First pay period—June 2001

*Note: Open Season dates change in Oct. 2000.

Johnson (continued from page 1)

technology of the information age. All of those initiatives came from you. Each will require continued commitment and more hard work, but the payoff to our Navy will be huge. As you continue to take care of business—answering our nation's calls, tackling the challenges which remain, and seizing the opportunities which lie ahead—you could not be served by a better leader than Admiral Vern Clark. Under his proven leadership, the Navy—along with our Marine Corps shipmates so ably led by General Jim Jones—will continue to prevail

as the most relevant expeditionary force for the country and the world. For Admiral Clark, working with all of you will bring richness to his professional and personal life unlike anything he has experienced to date. We both thank you for that. Lastly, I thank you for your terrific service to our great Navy and for your enduring support these past four years. I am grateful to you and intensely proud of you. God bless you and your families. Garland joins me in wishing you all the best as you continue to steer by the stars.

'Project A-OK' gives kids exciting incentive to achieve in school

Run by the Navy Exchange with your child's most recent report card to register for the Project A-OK program. Your child could win \$5,000, \$3,000, or \$2,000 in U.S. Savings Bonds (denominations at maturity). The next drawing will be at the end of this month.

Any eligible full-time student who has a B grade point average equivalent or better, as determined by their school system (including home schoolers),

may enter the drawing.* Eligible students include dependent children of active duty military members, reservists, and military retirees, including those employed by or whose spouse is employed by the Navy Exchange System. Children must be enrolled in first grade through undergraduate school. Dependent children without an individual dependent I.D. card must be accompanied by their sponsor to submit their entry.

Each student may submit only one entry per each grading period and must re-enter with each qualifying report card. Then fill out your entry card and obtain your A-OK I.D., which entitles you to

discount coupons for purchases at the Navy Exchange.

*Students receiving home schooling are subject to the same qualifying criteria as students attending an institution. If the home schooling program does not issue a report card, then a written statement from the teacher stating the student's grade average is equivalent to a "B" is required to enroll in the A-OK Program. If the teacher is a parent, a statement from the parent will be acceptable. Home schooled children must be registered with the appropriate school district, attendance recorded and turned in at the end of school year.

ASK THE XO: 874-7200

The Bluejacket

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ANA scholarship goes to pre-med student

Recently, the Mid-South Squadron of the Association of Naval Aviation awarded a scholarship in the amount of \$1,000 to Jasmin S. Rio (head of table), daughter of Senior Chief and Mrs. Marulius C. Rio (seated left). This scholarship was awarded on the basis of Jasmin's outstanding record in academics and community activities. She will attend the University of Washington and study pre-medicine.



Elliot Ross (right) shares his happy moment with, from left, award presenter Captain Diane Lofink, commanding officer, NAVSUPACT Mid-South; and parents Captain Nick and Veronica Ross. Captain Ross is director of the Restricted Line/Staff Officer Distribution and Special Placement Division, Navy Personnel Command.



Elliot shakes hands with Maj. Tom Blackwood (center, USAF ret.) and Commander Harry Clay (USN, ret.), TROA representatives.

Elliot Ross, NPC captain's son, wins TROA merit scholarship

By Julia Wallis

When members of the Retired Officers' Association were fighting in various wars throughout the last 50 or so years, they came to believe that the hardships they faced were ensuring future generations would remain free to fulfill their destinies.

So now, a special joy comes into play when those same TROA members are able to see young people like Elliot Ross verify the faith that fueled their past service.

Ross flew from his studies at the University of Florida in Jacksonville to Millington recently to receive a \$1,000 scholarship delivered by retired Air Force Major Thomas Blackwood, president of the local TROA, and retired Navy Commander Harry Clay, TROA member.

Elliot also received a \$1,000 TROA scholarship in 1999 on the basis of his leadership, academic excellence and citizenship qualities. Elliot's two grants have been merit-based scholarships in which the recipient is rewarded accord-

ing to their potential for excellence rather than for their need.

Elliot is entering his fourth year at the U of F as a psychology major, and has also followed a pre-med curriculum. After he finishes his summer '00 semester there (summer school—one benchmark of a true, driven "achiever"), he will apply to the Uniformed Services University of Health Sciences in Bethesda, Md., and, he hopes, be accepted at the school by this time next year. (USUHS produces physicians for all the armed services; since Elliot wants to serve in the Navy, he hopes find a training slot and to be commissioned as an ensign at the beginning of his four-year course of medical study there.) Elliot will use the TROA scholarship to actually pursue his goal of being admitted to the USUHS, where application and travel fees, he says, are likely to run high.

Including schooling, Elliot will be obligated for a seven-year Navy tour. But he says his present plans are to remain in Navy medicine as an orthopedic doctor for the rest of his career.

Captain Diane Lofink, commanding officer of Naval Support Activity Mid-South and the presenter of Elliot's award, told him that it was gratifying to see a student of his high caliber contribute to the Navy's pool of talent, and to witness the beginning of his movement through the ranks to hoped-for success.

"I've been a Navy kid since the day I was born," Elliot says, "and I like the lifestyle. I admire the standards under which my father [Captain Nick Ross, a detailer division director at Navy Personnel Command] has lived his life."

TROA's Major Blackwood said, "On behalf of TROA, it's a great pleasure to meet such a focused young man. So many young people have unbelievable abilities, but no game plan. Here, in the military, you're an expert at something, whether you stay or not. I've been in private industry as well as the military, and if you ever decide to cross over after a military career, you can still be fairly young and there will be no question that you know how to organize and command; that you will have a great degree of self-discipline. It's a no-lose situation. We're watching you with pride!"



Mary Jones, receptionist at the U.S. Army Veterinary Clinic on board Naval Support Activity Mid-South, comforts her new puppy (Snuggles) while Sergeant Dawn Callaway, clinic NCOIC, implants an AVID ID chip in his shoulder blade area. The implants will be available at National Night Out, 6-9 p.m. on August 1.

Sergeant Dawn Callaway, the base Veterinary Clinic non-commissioned officer in charge, has been implanting the AVID chips for seven years, although it has only been available here on base for about three years. According to Callaway, "The chips have cut down on pet euthanasia by about 40 percent."

Continued Callaway, "The chip can be implanted in all kinds of animals—dogs, cats, horses, birds, reptiles—I've done them all! Unlike collars or tattoos that can fall off or fade, this I.D. method is permanent. It's virtually error-free since the owners can call the toll-free number when they move to register their new address. This is very important for military members since we transfer so much."

Realizing the value of the pet I.D. micro-

chip, all dogs and cats of families living on base are required by local regulations to be implanted with AVID at the owner's expense.

Veterinarians will be on site at National Night Out (behind the Youth Center on Savitz Road) from 6-9 p.m. Aug. 1 to administer the AVID chips. If you are unable to bring your pet that evening, call 874-5420 for appointments. Their normal operating hours are 8-11 a.m. and 12:30-3 p.m., Monday-Friday except for the last workday of the month and holidays. Unfortunately, if civilians miss the opportunity on Aug. 1, they cannot use the clinic facilities. Additionally, for health and safety reasons, children under 12 years old are not authorized in the clinic.

QUALITY CORNER



NAVAL SUPPORT
ACTIVITY
MID-SOUTH
MILLINGTON,
TENNESSEE

What is QUALITY?

Traditional organizations tend to have very restrictive communication and decision making patterns. Employees are told what to do, rather than being included in figuring out what to do. Information tends to flow from top to bottom.

In quality organizations, employees are much more actively involved in both the decision-making and communication processes. Information flows both top to bottom and bottom to top. For that matter, information also flows sideways.

BUPERS Access is the key to advance notice on promotions

By Lt. (jg) Eric Petersen
Navy Personnel Command
Public Affairs

As a result of a new notification process, active duty enlisted and officer selection board results are now being distributed through "BUPERS Access" 48 hours before being released to the fleet by message. Distribution is limited to flag officers, commanding officers, officers in charge and command master chiefs (enlisted boards only) for their respective unit identification codes.

This Chief of Naval Personnel initiative gives senior leadership the opportunity to provide appropriate personal and career counseling to all candidates.

BUPERS Access is available at the BUPERS web site at <http://www.bupers.navy.mil>.

The system was first used several weeks ago to distribute the results of the FY01 Active E-8 Selection Board, as well as the O-5 Line Selection and O-4 Line Continuation Boards. In general, the response to this newest addition to BUPERS Access has been positive.

"At first, some commands were having trouble with this new procedure; however, as folks have begun to understand the system, we are seeing more and more positive responses from the fleet," said Capt. Tom Broderick, director of personnel progression, performance and security at Navy Personnel Command.

Flag officers, commanding officers and officers-in-charge can obtain 48-hour advanced access to only those UICs for which they are the direct reporting senior, in accordance with the fitness report instruction. Command master chiefs will only have access to results from enlisted boards. Account access for selection boards should be automatic for those authorized users. For commands without CMCs, senior enlisted advisors will be granted access based on individual requests faxed or mailed to the Navy Personnel Command (PERS-455E).

The new notification process is one of the most recent additions to the features available on BUPERS Access. The new web-based system, which uses a secure login and encryption similar to that used by credit card companies, grew out of the need to replace the old BUPERS Access Bulletin Board System, which was not Y2K-compliant.

A team at Navy Personnel Command, including ITC Charles Rhodes, IT1 John Grace, IT2(SW) Shea Ross, ITC(SW) Daniel Koontz, Beverley Essiet, and Jeremy Lemmon, took up the challenge

and developed the new BUPERS Access. The vastly improved BUPERS Access was put on line Dec. 15, 1999, to replace the older system.

All active duty Navy personnel already have a BUPERS Access account and can view a vast array of personal information including view-only JASS, advancement results, order status, SRB status, application status, duty preference, swaps and selection board information. Features that will be added in the future include applications for the Overseas Tour Extension Incentive Program, electronic submission of personal documents, and on-line display of orders.

Establishing an account is easy, and only requires personnel to enter their social security number and birth date. Commands are strongly encouraged to establish and test accounts for all UICs as soon as possible to beat the last-minute rush, and avoid difficulties during the upcoming pre-release of the Active O-4 Line and E-7 Selection Board results. While the typical response time for account establishment requests and login trouble calls is 48-72 hours, commands should avoid any possible last-minute glitches by testing their access to the system ahead of time.

"This new system is a great way to ensure Sailors have ready access to personal career information, and it gives Navy leaders the information they need to counsel and guide their people with a personal touch," said Rear Adm. James B. Hinkle, commander, Navy Personnel Command.

For more information, see NAVADMIN 173/00, which is available at the BUPERS web site at <http://www.bupers.navy.mil>.



Avoid the heartache of a lost pet—get them implanted with an ID microchip

Story and photo by Pam Branch

When National Night Out is held on base Aug. 1, it will present a rare opportunity for civilians to take advantage of a service not normally available to them: having their pets implanted with an AVID FriendChip from the U.S. Army Veterinary Clinic at cost (\$15). This is approximately half the price of a civilian veterinary clinic and includes enrollment in PETTrac, a national registry with a 24-hour toll free number to track animals if they become lost.

Unfortunately, a family pet is lost every two seconds. The founder of the AVID FriendChip created this identification system over 20 years ago in Australia after losing his own pet. The microchip contains a nine-digit identification number. This tiny chip is about the size of a grain of rice and fits through a hypodermic needle. Like a vaccination, it is injected under the skin of a pet as a permanent way to identify the animal. Once the injection is completed, registration papers are mailed to the headquarters of PETTrac.

Many veterinarians and animal shelters now have the chip scanner used to identify lost pets. (Scanners are provided free of charge to any shelter that requests one.) This system has been directly responsible for reuniting thousands of pets with their families.

WHAT DOES THIS MEAN TO YOU?

"Be a professional."

Submit comments to:
smilican@navsupact-midsouth.navy.mil

Branch Medical and Pharmacy change hours

As of July 17, the Branch Medical Clinic hours of operation have expanded. The new hours are:

Branch Medical Clinic

Monday, Tuesday, Wednesday, Friday 7:30 a.m.-4 p.m.
Thursday 7:30-11:30 a.m.

Additionally, the NEX Pharmacy will now remain open until 5 p.m. Monday, Tuesday, Wednesday and Friday (excluding federal holidays). The new hours of operation for the NEX Pharmacy are:

NEX Pharmacy

Monday, Tuesday, Wednesday, Friday 8 a.m.-5 p.m.
Thursday 8 a.m.-1 p.m.
Saturday 9 a.m.-noon
Refills 9 a.m.-4 p.m.

All patients are seen by appointment. All active duty members or active duty family members enrolled in TRICARE Prime who have selected the Branch Medical Clinic as their Primary Care Manager can make appointments by calling 1-800-700-8607.

Active duty members can still be seen in the clinic during its walk-in sick call on weekends and holidays. Service is provided on a first-come, first-served basis from 8-10 a.m. Saturdays, Sundays and all federal holidays.

NEX Pharmacy services are available to all active duty service members, their family members and retired military and their family members who are enrolled in DEERS and possess a valid I.D. card. Prescriptions from civilian providers may also be filled at this pharmacy. However, since not all medications are carried at this pharmacy, it is recommended that your civilian provider call the Pharmacy at (901) 874-6121/6122 before writing a new prescription. The NEX Pharmacy uses an automated telephone refill system. Refills can be requested by calling 1-888-513-4164. This is a toll-free call. The automated refill system will inform callers of the date that their refill will be available for pickup.

The NEX Pharmacy is closed on Thursday afternoons, Sundays and all federal holidays.

Navy College news

Shelby State Community College/State Technical Institute merge

The merger of Shelby State Community College and State Technical Institute on July 1 created a new school known as Southwest Tennessee Community College. The school is a member of the Navy College Consortium and will continue to offer academic degree programs on the base by providing the same efficient service to the military community that has been carried out for the past 28 years aboard the base through the Navy's Voluntary Education Program.

Get a jump start on your college study

Let Navy College help you plan for the fall semester so you can register for courses that best fit your schedule. All tuition assistance forms should be processed before the beginning of the term. Plan ahead and submit your TA at least two weeks prior to the class convening dates. Navy Tuition Assistance pays 75 percent of the tuition cost of any course taken from an accredited college or university. The Graduate Education Voucher Program is a limited, 24-month program for selected officers to attend a regionally accredited college or university during their off-duty hours to earn a masters degree in an approved specialty area. The Graduate Education Voucher will pay 100 percent of the graduate education costs not to exceed \$20,000 a year, with certain restrictions on books and fees covered. Further details on the program, which begins in fiscal year 2000, can be obtained on the Navy College Program web site, <http://www.navycollege.navy.mil>.

Registration is open and underway for all fall semester college programs on base. Course schedules are available at the Education Center, building S-241. Each college operating on the base has a representative available daily to help students with academic advisement, admission and registration procedures.

On-base colleges and universities

The Navy College Office sponsors five colleges and universities on base to serve the needs of active duty military personnel and their family members. However, there is encouragement for anyone inter-

ested in pursuing a degree to enroll. All are accredited schools and are members of the SOC network. A wide range of degree plans are offered through these schools. The following off-duty education programs are presently being offered at Naval Support Activity Mid-South:

--Crichton College: Bachelor of science degree in Organizational Management

--Park University: Bachelor of science degree in Management, Management/Computer Information Systems and Management/Human Resources

--Southwest Tennessee Community College: certificate in Emergency Medical Technology, associate of applied science degree in Microcomputer Technology, Mid-Management Technology, Business and Commerce Technology

--Southern Illinois University at Carbondale: Bachelor of science degree in Industrial Technology and Health Care Management

--University of Arkansas at Fayetteville: Master of science in Operations Management

--University of Memphis: Required courses leading to the bachelor of Professional Studies in Organizational Leadership and Technology Management Services; master of business administration; master of public administration and doctor of education in Higher Education and Leadership

Navy College Education Fair

The Navy College Office will host its annual Education Fair on Thursday, Aug. 10 at the education center, building S-241, from 10 a.m. to 2 p.m. Plan to stop by and meet with local and on-base college representatives for academic advisement on degree programs and available course offerings both on base and in the local community. For additional information, call 874-5290.

DANTES/CLEP testing program

The DANTES examination program provides educational tests such as CLEP, DSST, ACT, SAT, GED and PRAXIS to the service member at no cost. These tests are administered to military family members and DoD employees for a fee. Effective September 2000, PRAXIS will discontinue the General Knowledge Communication Skills, and Professional Knowledge National Teacher Examination core exams. Most examinations are kept in stock on a regular basis. For test info, call 874-5290.

For more information on educational opportunities available on base and locally, call 874-5290 or visit your Navy College Office at your earliest convenience. Initially, no appointment is necessary to visit the Education Center. Office hours are Monday-Friday from 8 a.m.-4:30 p.m.

your calendar and plan in advance for this evening of festivities and camaraderie, while paying tribute to the world's all-time greatest Navy. Additionally, there is ample time to allow for shopping for that special frock.



Bright, refreshing summer salads are a cool breeze for your table

By Pam Branch

Macaroni Salad

1 cup elbow macaroni, uncooked
1/3 cup onion, chopped
1/4 cup each: chopped celery, chopped green pepper, shredded carrot
1/2 cup mayonnaise or salad dressing

1 tablespoon vinegar
1/2-1 teaspoon dried whole dill weed
1/4 teaspoon each: garlic salt, onion salt
Cook macaroni according to package directions, omitting salt; drain. Rinse with cold water and drain again. Add onion, celery, pepper, and carrot; toss well. Combine remaining ingredients; gently stir mayonnaise mixture into macaroni mixture. Chill one hour. Makes 4-6 servings.

Drain all fruit, combining and reserving enough juice to measure 1-1/2 cups. Set fruit aside. Brings reserved juice to a boil. Dissolve gelatin in boiling juice. Add cold water. Chill until consistency of unbeaten egg white. Fold in fruit and pecans. Cover and chill until firm. Makes 10-12 servings.

Fruit Salad

1 small banana, sliced
1 orange, peeled, seeded, and sectioned
1 small apple, unpeeled and diced
1 (8-ounce) can unsweetened pineapple chunks, drained
1/4 cup frozen orange juice concentrate, thawed and undiluted
Combine fruit in large bowl. Add orange juice concentrate; toss gently. Cover and chill. Makes six servings.

Pebble Salad

1 (6-ounce) package long grain, wild rice mix
1 (12-ounce) can white shoe peg corn, drained
1 small cucumber, seeded and chopped
2 medium carrots, chopped
1/4 cup each: sliced green onions, olive oil, lemon juice
1/3 cup chopped fresh parsley
1 clove garlic, minced
1/2 teaspoon dill weed
1/4 teaspoon dry mustard
1/8 teaspoon pepper
1/2 cup dry-roasted sunflower kernels
1/3 cup slivered almonds, toasted
Prepare rice according to package directions; cool. Combine rice, corn, cucumber, carrots, onion and parsley; set aside. Combine oil, lemon juice, garlic, dill, mustard and pepper; pour over rice mixture and toss gently. Cover and chill three hours. Just before serving, stir in sunflower kernels. Sprinkle top with almonds. Serves 8-10.



Fruit Salad

1-1/2 teaspoons each: grated orange rind, orange juice, margarine
1/2 teaspoon grated lemon rind
1 tablespoon lemon juice
2 tablespoons sugar
1 egg yolk, beaten
1/2 cup Cool Whip
2 each: pears, large red apples (cored and cubed)
1 pound seedless green grapes

Combine first seven ingredients in top of double boiler. Place over boiling water; cook, stirring constantly, 10-12 minutes or until thickened. Remove from boiling water and cool.

Fold Cool Whip into cooled mixture. Serve immediately or cover and chill up to three hours. Combine fruits and serve with dressing. Makes 6-8 servings.

Congeaed Cherry Salad

1 (16-ounce) can pitted, dark sweet cherries, undrained
1 (11-ounce) can mandarin oranges, undrained
1 (8-ounce) can crushed pineapple, undrained
1 (6-ounce) package cherry gelatin
1 cup cold water
1/2 cup chopped pecans

Don't forget to send your favorite recipes to Public Affairs Office, NAVSUPACT Mid-South, building S-455, Room 128, 5722 Integrity Drive, Millington, TN 38054-5045. Inputs may also be e-mailed to pbranch@navsupact-midsouth.navy.mil. Provide your name, office where you work or relevant information if you're retired, and a daytime phone number.

Product Safety News: more recalled items to watch out for

By Gail Evans
Consolidated Safety Office

During May, the Consumer Product Safety Commission announced the following recalls. This information is provided to alert families of dangers from consumer products. If you have any of these items, you can contact Gail Evans of the Consolidated Safety Office at 874-5506 to inquire about the specific hazard and any action needed to correct the problem.

Manufacturer	Item
Kids II	"Soft Toy Bouncer Seat" infant bouncer seat
Kids II	"Comfort Me" infant bouncer seat
Universal Security Instruments	"Safe T," "Universal," USI "Electric" smoke alarm
Warner Brothers Studio Store	Twenty rattles
Warner Brothers Studio Store	Twenty sandals
99 Cents Only Store	"Firestopper" fire extinguishers
IBM Corporation	IBM ThinkPad 310 (type 2600 only), IBM ThinkPad I Series (type 2611 only), IBM WorkPad 250 (type 2608 only) AC adapter
Filter Tech, Inc.	"Aqua Mist" windshield washer fluid
Jack Rabbit Creations	"Stacking King" stacking toy
Hangouts	Baby hammocks
ATICO International USA, Inc.	Lighthouse-shaped candle holder
By Us International Co., Ltd.	"Ballistic" front suspension forks installed on certain Brunswick mountain bicycles
Answer Products, Inc.	"Answer" and "Manitou" BMX and mountain bicycle forks
Weed Wizard Acquisition Corp.	Weed Wizard trimmer heads
BOB Trailers, Inc.	Jogging strollers
Baby Trend	"Road Runner" jogging strollers

Intel announced May 10 that they will be replacing some memory translator hubs in some system boards. The MTH may be affected by system noise and may cause intermittent system reboots or system hangs during operation. This problem may result in lost or

corrupted data. The MTH component is used on some boards and in some systems using the Intel® 820 Chipset, including the Intel® CC820 Desktop Board Family with SDRAM. This issue does not impact boards or systems using the Intel 820 Chipset with RDRAM memory. Computer users who want to know if their board/system uses an MTH component can contact their computer maker for more information, or they can download the Intel® MTH ID Utility to determine if they have a board/system containing the MTH component.

On May 10 Bath & Body Works, Inc. announced that it has voluntarily recalled its Foam Burst Moisturizing Body Wash products from its Bath & Body Works stores. If the Foam Burst product is not used in accordance with the directions for use printed on the label, the gel, when dispensed, can inadvertently be sprayed into the eyes, resulting in potential temporary eye irritation. The Foam Burst product is a shower cleansing gel that changes into foam immediately after dispensing. In response to the company's concerns for its customers, Bath & Body Works has developed a new dispenser for the Foam Burst product, which it will introduce shortly. In the meantime, Bath & Body Works recommends that customers discontinue use of the old Foam Burst product and return it to any Bath & Body Works store. Consumers who have questions about the product may contact the company at 1-800-395-1001, Monday to Friday between the hours of 8:30 a.m.-5 p.m. Eastern Standard Time.

The Food and Drug Administration announced May 23 that Treat Makers, L.L.C., a manufacturer of natural pet treats, is voluntarily recalling "Medalist" brand pig ear pet treats due to possible contamination with salmonella. The pig ears were distributed through Costco stores located in 11 states: Washington, Oregon, California, Arizona, New Mexico, Nevada, Utah, Colorado, Idaho, Hawaii and Montana. Consumers who have purchased the pig ears can return them to their Costco store for a refund. Customers with questions about the recall should call Treat Makers at (888) 250-7369.

On May 31, the Environmental Protection Agency has announced a voluntary consumer product safety recall for two faulty "Pull 'N Spray" home pesticide products. The alert only affects products sold in Pull 'N Spray containers. EPA stated "the problem is with the faulty container, not with the pesticide itself."

Consumers have experienced mechanical failures with the pump spray, causing exposure to the pesticide. Recalled are Monsanto Corporation's Roundup® Ready-To-Use Weed and Grass Killer and the Scott's Company's Ortho® Ready-To-Use Home Defense™ Indoor and Outdoor Insect Killer, both sold in 1.33-gallon plastic containers with a T-handle pump and application wand. The containers can be identified by the words Pull 'N Spray on the label or by the UPC codes. The Roundup® UPC code item numbers are either 70183-58064 or 70183-58065. The Home Defense™ UPC code is 71549-01991. Consumers who have purchased Pull 'N Spray products should return the container with any remaining contents to the retailer where purchased for a full refund. For additional information about returns and refunds for these Pull 'N Spray products, consumers should call the Manufacturers' Consumer Helpline at 1-800-225-2883.

In addition to the above recalls, the following vehicle recalls were published by Safe-T-Net:

1999	Mazda roadsters
1996-1999	Certain Chevrolet Corvette sports coupes
1999-2000	Ford Explorer and Mercury Mountaineer sport utility vehicles
1996-1997	Chevrolet Express and GMC Savana full-size vans
2000	Mercedes-Benz S-Class sedans and CL500s
1998-2000	DaimlerChrysler Dodge Ram trucks
1997-2000	Lincoln Navigators

Brunswick bicycle recall

The U.S. International Co., Ltd., of Taiwan, in cooperation with the U.S. Consumer Product Safety Commission, is recalling 11,000 Ballistic brand bicycle suspension forks installed on certain Brunswick bicycles. The front suspension fork on these bikes may break apart during use. Customers are urged to stop using these bikes. Forks affected by the recall are black with decals that read "BALLISTIC" and "105" on the sides of the suspension fork legs. The serial number is located on the inside of one of the suspension fork legs. Navy Exchanges currently carry the Mongoose S-20 (model #3668WMT). Customers with these bikes should call U.S. International Co., Ltd., at 1-877-211-3525 for information on how to receive a free replacement fork and free installation.

Promotions, awards, re-enlistments



Personnelman First Class (Surface Warfare) Richard Foster, Jr. (right), assistant pay/personnel administrative support system manager, is frocked to his present rate during a ceremony at Wood Hall. His father, Richard, Sr., was on hand to congratulate his son.

The following Naval Support Activity Mid-South personnel recently received Letters of Appreciation from Captain Diane L.H. Lofink, commanding officer, NAVSUPACT Mid-South, for their outstanding support and performance which led to their nominations for Sailor of the Quarter for the command: (from left) **Quartermaster First Class Anthony D. Harvey**, honor guard supervisor for Command Services; **Fire Controller First Class William S. Frieler**, Information Technology LAN administrator; **Aviation Support Technician Second Class Jesse J. Wynn**, webmaster, and **Mess Management Specialist Second Class Charles Hicks**, front desk supervisor, Bachelor Quarters. **Builder First Class (Seabee Combat Warfare) James K. Brewster** is not pictured.



Religious Programs Specialist Second Class Jimmie Smith (left) is frocked to her present rate by Rear Admiral Barbara E. McGann, commander, Navy Recruiting Command.



Lieutenant Commander Ann Swap (right), Medical Service Corps/Health Care Administration junior officer detailee, receives the Navy and Marine Corps Commendation Medal for her meritorious service during her tour at Navy Personnel Command. Captain Nicklaus Ross, director, Restricted Line/Staff Officer Distribution and Special Placement Division, presents the award.



Yeoman Seaman Alethea Belen (left) was recently promoted to yeoman third class by Rear Admiral Barbara E. McGann, commander, Navy Recruiting Command.



Wayne Smith photo

Commander Eric Randall (right), executive officer, Naval Support Activity Mid-South, receives a Meritorious Service Medal for his duties while assigned as staff officer in the Communications and Informations Systems, User Domain Branch Division, from General Wesley Clark, U.S. Army, Supreme Allied Commander, Europe. Presenting the award is Captain Diane L.H. Lofink, commanding officer, NAVSUPACT Mid-South.



Wayne Smith photo

Richard Birmingham (right) is the latest Morale, Welfare and Recreation Department Customer Service Employee of the Quarter for the second quarter, 2000. Birmingham is the recreation assistant at Navy Lake. Captain Diane L.H. Lofink, commanding officer, Naval Support Activity Mid-South, introduced Birmingham during an All Hands meeting last week.



Information Systems Technician First Class (Surface Warfare) James M. Coffey, Navy Manpower Analysis Center, is an 18-year Navy veteran and re-enlisted for two years recently during a ceremony at the Information Technology Center at Memphis.



Avionics Technician Master Chief (Aviation Warfare) Curtis L. Taylor (right), command master chief, Navy Manpower Analysis Center, recently re-enlisted for two years. Captain Patricia A. Miller, commanding officer, NAVMAC, served as the enlisting officer for this 24-year veteran.